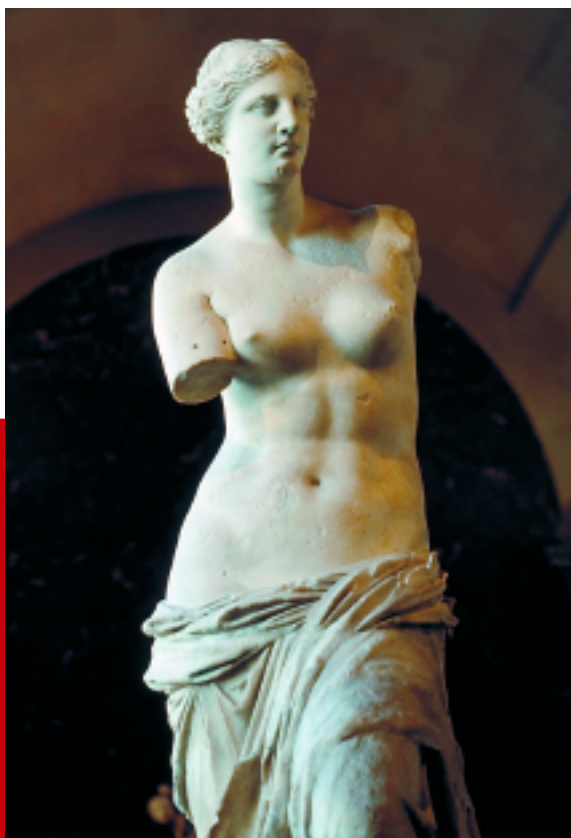


## Art for the Soul

Your spa's ambience is important. Each element of sound, scent, and design adds something to the space, shaping the message your spa sends to clients. That said, why not let your spa's art speak for you, too?

Need some inspiration? Soul of the Ark Institute for Environmental Art and Education (SOTA), a nonprofit organization that aspires to engender empathy and compassion for the natural world, recently launched its website, [souloftheark.org](http://souloftheark.org). The site showcases different artists every two months, chosen for their ability to channel SOTA's mission through their work. You can reach the artists through the organization. [www.souloftheark.org](http://www.souloftheark.org).

—Elizabeth Carlson



### Scent Oasis

Potpourri is so 1990s. Exotic Recovery (Daytona Beach, FL) offers decorative, fragrant blends that are a mix of scented beads, botanicals, sea glass, minerals, and shells. From classic scents, such as gardenia and lavender, to more colorful bouquets, such as

At the Shore and the best-selling tropical Maui Wowie, the mixes bring the tranquility of the spa home. The specialty blends are available in three styles—bulk, pre-bagged sachets, and sleek tubes—and can be found at such select spas as **Paris Spa by Mandara** at the Paris Las Vegas casino and **Safety Harbor Resort and Spa** (Tampa Bay, FL). Similarly scented candles and glycerin soaps are also available. (386) 274-1389; [www.exoticrecovery.com](http://www.exoticrecovery.com).—*J.L.S.*



### FOR HER

**Miraval, Life in Balance** (Tucson, AZ) will offer an all-women retreat the first week of May called *Awakening Aphrodite: A Program for Women to Empower Your Love Life*. The curriculum is designed to help women discover, develop, and energize their own inner sexual beings with question-and-answer sessions, private consultations, and workshops with Lana Holstein, M.D., a noted intimacy expert and author of *Your Long Erotic Weekend: Four Days of Passion for a Lifetime of Magnificent Sex* (Fair Winds Press, 2004). *Awakening Aphrodite* costs \$3,421 per person single occupancy, \$2,916 for double. One daily spa treatment, all workshop events, accommodations, meals, Miraval's scheduled programs and activities, and transportation from the airport are included. Spa goddesses, pack your bags!—*J.S.*